



Bennet's Harbour Cat Island

Breakfast Menu



Mains

Yellow Grits (choice of tuna salad, corn beef, mackerel, or sausage)	\$6 or \$10
Coconut French Toast (with eggs, bacon or ham)	\$15
Pancakes (with eggs, bacon or ham)	\$15
Omelet (onions, bell peppers, mushrooms, tomato, cheese with grits or toast)	\$15
Omelet Deluxe (add ham, turkey, or bacon)	\$16
Oatmeal (with Fresh Fruit)	\$9
Yogurt Bowl with Granola and Fruit	\$12
Tropical Fruit Salad	\$12

Breakfast Drinks

Juices / Milk / Coffee / Tea	\$3.50
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Mimosas & Cocktails

Classic Orange	\$14
Lavender Lemonade	\$16
Pineapple Coconut	\$16
Mango Mint	\$16
Mixed Berry	\$16
Bloody Mary	\$16



Dine in our Take Out!

Prices does not include VAT and Gratuity

curlysbeachresort.com

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Lunch & Dinner Menu



Appetizers

Conch Fritters	\$7
Chicken Wings	\$11
Fried Shrimp	\$16
Appetizer Combo	\$24

Salads

Garden Salad	\$8
Caesar Salad	\$12
Cobb Salad	\$16
Lobster Salad	\$28

Sandwiches

(with fries, salad or coleslaw)

Chicken Sandwich (fried or grilled)	\$14
Fish Sandwich (fried)	\$16
Club Sub	\$17

Burgers

Curly Burger	\$14
Conch Burger	\$12
Hamburger	\$11
• Add Cheese	\$12.50
• Add Bacon	\$13

Snacks

(with fries, slaw or salad)

Cracked Conch	\$23
Snapper	\$18
Fish Fingers	\$15
Coconut Shrimp	\$25
Grouper Fingers	\$24
Cracked Chicken	\$14
Chicken in the Bag	\$11
Chicken Tenders	\$14

Soups & Stews

(with grits or journey bread)

Chicken	\$14
Sheep Tongue	\$21
Stew Conch	\$23
Stew Fish	\$32
Boiled Fish	\$30
Lobster Bisque	\$22
Conch Chowder	\$13.50



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Pastas, Entrees & Desserts Menu

Pastas

Pasta Primavera	\$18
Chicken Pasta	\$20
Shrimp Pasta	\$26
Lobster Pasta	\$28
Combination Pasta	\$35

Desserts

Guava Duff	\$8
Fried Cheesecake w/ Ice Cream	\$10
Rum Cake	\$8
Chocolate Cake	\$9
A La Mode Ice Cream	\$8

Entrées

(Choice of Jasmine Rice, Peas & n Rice, Roasted Potatoes, Mixed Veggies, Mac & Cheese)

Chicken (fried/steamed/jerk)	\$18
Pork Chop (smothered/steamed/jerk)	\$18
BBQ Ribs	\$18
Fish Fingers	\$19
NY Strip	\$32
Grouper Steak (grilled/blackened)	\$35
Butter Garlic Lobster	\$45
Surf & Turf	\$65
Whole Snapper	\$27
Shrimp (fried/sweet chili)	\$33
Grilled Conch	\$27
Grilled Fish	\$29
Mahi Mahi (with pineapple salsa)	\$35
Salmon (sweet chili/blackened)	\$35
Seafood Platter (grilled/fried)	\$55

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